



## DRIVING

### What you have to do

Anybody who has a medical condition must inform VicRoads (or the equivalent) of that condition.

If you have diabetes and use insulin (Type 1 or 2) you have to complete a medical form every two years. It will be sent to you at your address registered with VicRoads.

### What VicRoads has to do

If your doctor gives you the thumbs up to drive then this has to be respected by both VicRoads and your insurance company. What VicRoads is really concerned with is hypo unawareness - they want to be assured that you are not prone to blacking out without warning signs – this is rare but it does happen to some people after many years of diabetes.

### Medical Report Form

Your Endo/GP has to write 'no hypoglycemia unawareness' in the comments section of the VicRoads form. You also need to have the "visual acuity" section (which simply means results from a generic eye test – unrelated to diabetes) of this form completed. If you happen to have results from a recent test please bring them with you on your next visit so the medical report form can be completed while you're here.

The form is available from VicRoads but we've also got some right here at the clinic to save you some time.

### Commercial Vehicles

Heavy vehicle licences and driver's certificates (for passenger vehicle drivers) from the Vic. Taxi Directorate are not usually issued to people with insulin dependant diabetes. Although

consideration for these licenses & certificates will be given if excellent control can be demonstrated.

### What happens if you choose not to let VicRoads know about your diabetes?

If you happen have an accident that can somehow be linked to your D, VicRoads is likely to investigate it and request a medical report. In the **worst** case scenario it is possible for insurance companies to renege on any payments if you have not been filling out your medical forms.

## WORK

### What's expected from you

By law you don't have to disclose medical conditions in a job application / interview. However, it is your duty as an employee to inform your employer of any prescribed medication that you must take. Insulin makes it pretty clear to your employer that you have diabetes.