

it's young adults who happen to have diabetes

AT REALITY CHECK YOU'LL FIND:

- **Starter Kit** for Adults with Type 1 Diabetes
- **Free email newsletter**
- **Online community** of 600 young adults w Type 1
- **Laugh!** Sometimes you just gotta.
- **Babies & D** information and stories
- **Road tests** of new BG meters
- **Directory** of endocrinologists & other d people

Reality Check is run for the people, by the people. The people with Diabetes that is.

We're getting over the jabs, the pricking and preaching, the food police and the blood test lottery. But there's a whole heap more we're still looking for answers to.

And hence was born Reality Check.

Visit us : www.realitycheck.org.au

Or write to us: melinda@realitycheck.org.au

reality  **check**
young adults with diabetes